

Cancer Answers

Volume 2 Number 2
October 2008
Bridges to Beauty, Ltd
www.bridges2beauty.net
caring@bridges2beauty.net

What's New...and Not So New?

Although cancer is a disease that has changed the quality of life for millions of people for centuries: maiming, debilitating and killing as it goes...the past several decades has offered many advances on detection, treatment and better quality of life for patients and survivors. I want to tell you about some of the natural and non-invasive advances in the cancer arena.

There is a You Tube video with Dr. Simoncini, an Italian oncologist who has found a cure for cancer with sodium bicarbonate. It is absolutely fascinating! Whether or not you believe it completely, it comes from a very knowledgeable doctor who has a great deal of research and history behind his findings. It is well known that cancer cannot survive in an alkaline environment. Fungus' thrive in an acidic environment as does cancer. That is a very strong argument supporting Dr Simoncini's findings. He is hard to understand - so make certain you watch the video when you can really focus on what is being said. Here is the link to cut and paste into your browser.

<http://articles.mercola.com/sites/articles/archive/2008/08/05/fungus-causing-cancer-a-novel-approach-to-the-most-common-form-of-death.aspx?source=nl>

Staying on the same general subject, I believe it is very important to understand the role that nutrition plays in enabling us to fight this disease. Here is a paraphrase of a statement Dr Patrick Quilan makes in his book "Beating Cancer With Nutrition". Cancer is like a fungus on a tree. You can burn it out (radiation); cut it out (surgery); or poison it (chemotherapy) - but if you don't change the moist, dark conditions that caused the fungus in the first place it will return.

So often we think that we can do all the western medicine treatments and procedures our doctors prescribe and we will almost magically recover and continue living life to its fullest. Many people continue practicing unhealthy eating habits with little to no exercise. They do not watch their stress levels, nor make certain to rejuvenate their bodies with proper sleep habits. Unfortunately those are often the very things that compromised our bodies immune systems in the first place allowing cancer cells to multiply. Subjecting them to treatments like chemotherapy continues the compromised state.

Drinking pure water, eating nutritionally packed organic foods and taking care to reduce our stress levels - wherever possible, along with getting at least 8 hours of sleep a night and exercising moderately will enable our bodies to rebuild their strength. Strong bodies mean healthier bodies. It is vital that we change the "moist, dark" acidic conditions in our bodies in order to beat this dreaded disease if at all possible.

We are all too aware that millions lose their lives to cancer each year and I am not pointing fingers at those who do not survive. My goal is to encourage and point those in the right direction who may have lost their way.

Breast Cancer Awareness

Think Pink this month as we focus on breast cancer. There are many company's that are donating part of their profit from the sale of their products to The Breast Cancer Network of Strength (formerly Y-me). This is an organization that I completely support. As I have written in past newsletters - make certain you know what an organization stands for and where their money is being used before you donate directly or purchase items from company's donating to an organization.

Christmas is coming, so why not help a great organization AND get some great gifts for those on your list?

Cline Cellars: maker of white and red wines and proud sponsor of Breast Cancer Network of Strength's annual Ride to Empower. Offering wonderful wines they are located in Sonoma CA you can call them at 800.546.2070 or visit their website at www.clinecellars.com

Boston Tea: these wonderful teas come in two distinct tea tins and in gourmet green tea flavors including Pomegranate, Mango, Raspberry and Oriental Treasure. They donate \$1 for every rectangle tin and \$0.75 from every sale of the hexagon tea sampler tin. Check them out at www.bostontea.com or contact them at 201.440.3004

Bassett Brands: offering TRIM Silk products like tweezers, ergo cuticle scissors and callous removers. They donate a small portion of each purchase - with a minimum donation of \$50,000.00. Check them out at www.trim.com or call (203) 929-8483

Bridges to Beauty - my company, is donating \$2 of every e-book sold during October and November to The Breast Cancer Network of Strength.